

Godly Clothes

Colossians 3:12-14



Bright
Sparks

I G N I T E

DNA

Introduction

- ▶ In this session we are going to be thinking about Godly clothes and reading a part of the Bible called Colossians, which was a letter Paul and Timothy wrote to the church in Colossae. If you have a Bible at home you could try finding the book in the Bible yourself.
- ▶ The session has a number of activities designed to be carried out together as a family, and hopefully suitable for all ages of children and young people.
- ▶ Any materials you need should be found in your house and not require you to go anywhere.
- ▶ Enjoy and God bless you as you use these resources at home.
- ▶ So let's begin as we always do....hands up for news time!

NEWS TIME!



SHARE YOUR NEWS
OF THE WEEK



WHAT DO YOU WANT
TO THANK GOD FOR?



HOW HAS SOMEONE
HELPED YOU?

Game - Sock Scramble

- ▶ Equipment - (clean) socks and a blindfold.
- ▶ Put a pile of socks in the middle of the room. Choose 2 volunteers and blindfold them. Sit them next to the pile of socks.
- ▶ When you shout “go!” the blindfolded players have to take a sock each from the pile and put it on one foot. They should continue putting socks onto that foot. The winner is the person who gets the most socks on in a minute.
- ▶ Take turns and play again. See who can get the most socks on in the allotted time.

Bible Reading

Colossians 3:12-14

Get someone in your family to read the Bible passage below out loud.

Rather than just sitting down as you read and listen why not do something different like lying on the floor with your eyes shut, standing on one leg, or going outside in the garden to read.

¹² Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. ¹³ Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. ¹⁴ And over all these virtues put on love, which binds them all together in perfect unity.

Let's talk - Discussion time

- ▶ In the Bible passage it says we should clothe ourselves with compassion, kindness, humility, gentleness and patience. If you don't understand any of those words ask an adult to explain or look them up in a dictionary. We must wear the right clothes for the right occasion (pjs for bedtime, a warm hat in the winter) and just like our physical clothes we also need to wear the right spiritual clothes. That means remembering to be kind, loving, gentle, patient, and humble every day to other people.
- ▶ What does it mean to be kind? Who is kind to you? Who are you kind to?
- ▶ Which of the five characteristics (compassion, kindness, humility, gentleness and patience) do you find the easier? Which one do you find the hardest?
- ▶ Do you say sorry when you do something wrong? Is it easy or hard? If someone does something that hurts you is it easy to forgive them?
- ▶ God loves each and everyone of us. Do you tell anyone you love them? Do you tell anyone God loves them? Do you thank God for loving you?

Activity - Get dressed

- ▶ Grab a piece of paper and an action figure, doll or teddy and draw round it on the paper. If you don't have one of these items draw a body outline freestyle. If you have some old wallpaper, why not draw round a member of your family.
- ▶ Draw five items of clothing on your person (t-shirt, trousers, socks, etc.)
- ▶ Write one of the words COMPASSION, KINDNESS, HUMILITY, GENTLENESS and PATIENCE on each item of clothing.
- ▶ Around the person write or draw some ways you can show these characteristics this week. (waving out the window to the person who delivers your post, helping with a chore, being patient when a sibling annoys you, video calling a friend or relative etc.)

Prayer - Talking and listening to God

- ▶ Get one of the socks you used for the game at the start and sit or stand in a circle with your family.
- ▶ One person holds the sock and says “Thank you God when ... was kind to me when they ...”.
- ▶ Pass the sock around the circle until everyone has said a thank you prayer.
- ▶ Repeat with a sorry prayer e.g. “Sorry God I wasn’t patient when....”
- ▶ Repeat with a prayer for the coming week e.g. “Please help me God to show compassion to others.”
- ▶ Remember God can hear our prayers whether we say them out loud or in our head. If you don’t want to say your prayer out loud then when it’s your turn to hold the sock say the prayer in your head and at the end say “Amen” out loud and pass the sock to the next person.

Memory Verse

- ▶ Write Colossians 3:12 on a piece of paper or get an adult to write it for you.
“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”
- ▶ Decorate the memory verse however you want. Maybe you could write it in the outline of a t-shirt or create a border of socks around the verse.
- ▶ Stick the memory verse on your wardrobe or chest of drawers and look at it every time you get out your clothes.

Reflection

- ▶ What was the Bible passage about today?
- ▶ What have you made in today's session? Show it to everyone.
- ▶ What was your favourite part of today's session?
- ▶ What are you going to do differently this week?

- ▶ Prayer to end:

Thank you God for our time together learning about Godly clothes. Help us to show compassion, kindness, humility, gentleness and patience in the week ahead. Thank you for loving us and looking after us. AMEN!