

Down Through the Roof

Bright
Sparks

I G N I T E

DNA

Introduction

- ▶ Some of these resources are adapted from the energize.net.uk website and are used with permission.
- ▶ In this session, we are going to be thinking about when Jesus heals a paralysed man.
- ▶ The session has a number of activities designed to be carried out together as a family and is suitable for all ages of children and young people.
- ▶ Any materials you need should be found in your house and should not require you to go anywhere.
- ▶ Enjoy, and God bless you as you use these resources at home.
- ▶ So let's begin as we always do....Hands up for news time!

NEWS TIME!



SHARE YOUR NEWS
OF THE WEEK



WHAT DO YOU WANT
TO THANK GOD FOR?



HOW HAS SOMEONE
HELPED YOU?

Game - Stretcher Race



- ▶ Get some towels and cushions.
- ▶ Get into pairs and use the towel as a stretcher and a cushion as your patient.
- ▶ Have a race in your garden/house to see who is the fastest.
- ▶ You could make it into an obstacle course.
- ▶ If you have an odd number of people in your house, you could pair up in turns and time yourselves.
- ▶ (Remember to be careful)

Bible Story - Down through the roof

- ▶ Last week we learnt about when Jesus called the first disciples. Today we are learning about when Jesus healed a paralysed man. Today's story is from Luke 5:17-28. If you have a Bible, maybe you can find the story yourself.
- ▶ The Bible story is on the next page for you to read, but today you are going to make a comic strip of the story. The drawings can be as simple or elaborate as you like.
- ▶ You need to get a piece of paper and divide it into 8 sections. Read the story and after each part, pause to drawing a picture.



Bible Story - Down through the roof

- ▶ One day Jesus was teaching, and Pharisees and teachers of the law were sitting there. They had come from every village of Galilee and from Judea and Jerusalem. And the power of the Lord was with Jesus to heal the sick.
- ▶ Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus.
- ▶ When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus.
- ▶ When Jesus saw their faith, he said, “Friend, your sins are forgiven.” The Pharisees and the teachers of the law began thinking to themselves, “Who is this fellow who speaks blasphemy? Who can forgive sins but God alone?”
- ▶ Jesus knew what they were thinking and asked, “Why are you thinking these things in your hearts? Which is easier: to say, ‘Your sins are forgiven,’ or to say, ‘Get up and walk’? But I want you to know that the Son of Man has authority on earth to forgive sins.”
- ▶ So he said to the paralyzed man, “I tell you, get up, take your mat and go home.”
- ▶ Immediately he stood up in front of them, took what he had been lying on and went home praising God.
- ▶ Everyone was amazed and gave praise to God. They were filled with awe and said, “We have seen remarkable things today.”

Discussion - The power to heal

Pick and choose any of the questions below you want to discuss in your family.

- ▶ Who was in today's story?
- ▶ Do you think it was strange for the men to lower their friend through the roof?
- ▶ How do you think the owner of the house felt about the roof?
- ▶ How did the pharisees react to what Jesus said and did? Why?
- ▶ Why does Jesus have the power to forgive sins as well as physical healing?
- ▶ How did everyone react when Jesus healed the man?
- ▶ Have you ever asked Jesus to heal you? Did you get better?
- ▶ Do you know any other stories in the Bible about Jesus healing people?





Prayer - Jesus: The Healer

- ▶ Get a first aid kit item - maybe a thermometer, packet of plasters or bandage.
- ▶ Sit or stand in a circle.
- ▶ Spend some time praying for those you know who are unwell and need healing.
- ▶ Pass the item you have chosen around the circle. When you hold the item say a prayer for someone.
- ▶ Remember God hears us if we pray out loud or in our heads.
- ▶ End your prayer with “In Jesus’ name, Amen”

- ▶ Jesus has the power to heal, but sometimes people we pray for don’t get better. That doesn’t mean Jesus doesn’t care about us, but sometimes what we want and what He thinks is best aren’t the same.



Creative time

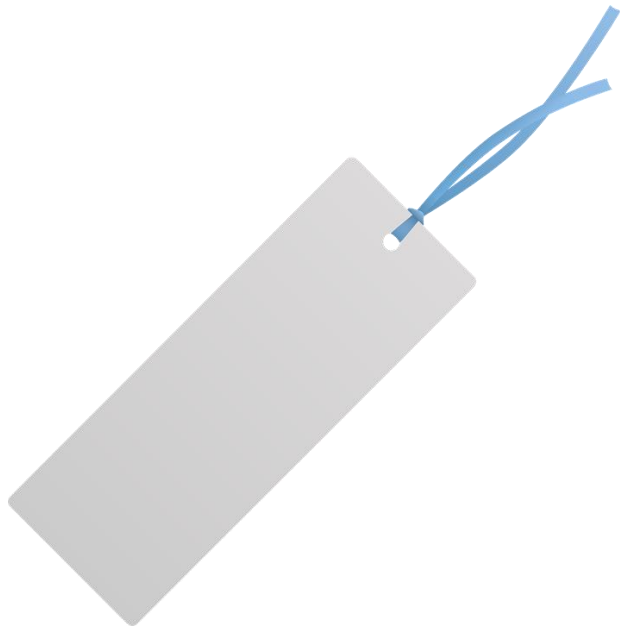
Have a go at one or more of the activities below:



- ▶ Make a model of the story. You could use Lego or get really creative with a cardboard box and other things around your house.
- ▶ Imagine you are someone from the story - the paralysed man, one of his friends, or an onlooker - write down what that person might have witnessed with their five senses: sight, touch, hearing, taste, smell.
- ▶ Make a card for someone you know is unwell and tell them you are praying for them.



Memory Verse



- ▶ Today's memory verse is:

“Lord my God, I called to you for help, and you healed me” Psalm 30:2

- ▶ Make a bookmark using paper or card with the memory verse on it.
- ▶ You could make simple rectangular bookmark or be as creative as you like.

Reflection

- ▶ What did Jesus do in today's story?
- ▶ What was your favourite part of today's session?
- ▶ Will you pray for people who are unwell?

- ▶ Prayer to end:

Thank you, God for our time together learning about when Jesus healed the paralysed man. Thank you that you still heal people today and help us to depend upon you.

Thank you for loving us and caring for us. AMEN!

Something extra:

- ▶ Every day this week, pray for people in your road who are unwell and who need God to heal them (physically, mentally and spiritually). You don't need to know specific names to pray for people and God will understand.